



88 HINCKS AVE
PO BOX 2329
WHYALLA NORRIE
SA 5608

Phone: (08)8645 5999
Fax: (08) 8644 1992
Email:
advwhy@bigpond.com.au

**WE'RE ON THE
WEB!**

**WWW.ADVANCING
WHYALLA.ORG.AU/**

Do you have email?

Send us an email with your ideas, views or let us know what is going on with any groups that you are involved in. In return we will forward any useful information onto other members. Its all about COMMUNICATION. Lets keep the lines of communication open in our community Let us know your email address today.

INSIDE THIS ISSUE:

New Coordinator	1
Wellness Guide	1
Welcome Packs	2
Open Day at WERIC	2
A carrot, an egg and a cup of coffee	2

Advancing Whyalla

M A Y 2 0 0 5

New Coordinator

2005 saw Advancing Whyalla appoint a new coordinator. Jo-Anne McGrath took the helm on February 8 and she says " The first three months have flown by. I am loving it here." Jo-Anne replaces Lana Casserley who left Whyalla early in the new year.



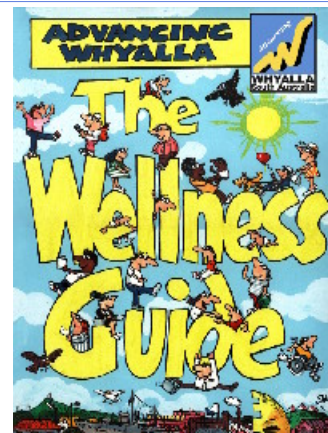
Member Profile: Jo-Anne McGrath

- ◆ Born in Whyalla 1971
- ◆ Primary schooling in Port Lincoln until grade 5, then Adelaide
- ◆ Started high school in Adelaide, then Port Lincoln and finally back to Whyalla (EJEHS).
- ◆ Have 3 brothers and 3 sisters. (I'm the baby)
- ◆ Worked at Colmart in cash office.
- ◆ Moved to Sydney for 2 years (got see the wider world, loved it).
- ◆ Returned to Whyalla, working at Wilson Mitsubishi.
- ◆ Moved to Cleveland, Brisbane for two months (didn't like the place or the weather).
- ◆ Returned to Whyalla, worked at Memories Coffee Lounge, then Austar (until it closed down).
- ◆ Married Chris Guyer 2001 in a surprise ceremony at home in back yard.
- ◆ Have two boys, Jayden (3yrs) and Bailey (18 mnths). Both keep us on our toes.
- ◆ Nearly finished Bachelor of Business Degree at the University of South Australia. (Tourism minor)
- ◆ I am interested in the Tourism potential of Whyalla and I feel I will gain a lot from being involved with Advancing Whyalla. I have many of skills, ideas and enthusiasm to bring to the group and look forward to working with you.

Wellness Guide: Look for it in your letter box soon

The Whyalla Wellness Guide will be ready for distribution in June, so keep a look out for it in your letter box. This publication by Advancing Whyalla Inc is designed for Whyalla residents to have an easy access to information on everything from pregnancy and birth, finding employment, recreation, health, disability and death and dying, just to name a few. There are 33 different headings with easy

referencing for finding telephone numbers and recording them. Have a read and file it with your telephone book.. This has been an enormous undertaking by Advancing Whyalla and we are very proud of how it has turned out. Originally due to be completed by mid 2004, we have had a few hurdles to overcome, but we have come through with the end product.



When you were born you were crying, and everyone around you was smiling. Live your life so at the end you are smiling and everyone around you is crying.

Whyalla EcoLETS & Whyalla Eco Renovation Information Centre (WERIC)

OPEN DAY

Saturday 4th June 2005
10.00am till 3.00pm
88 Hincks Avenue ,
Whyalla



You will never look at a cup of coffee the same again.

Can You Help?

Welcome Packs are an initiative of the Community Builders and Advancing Whyalla. The task of putting them together is quite time consuming, so if you have some spare time to fold brochures, wallets and compile them, we would love your help. Just pop into the Advancing Whyalla office at 88

Hincks Ave between 10am and 1pm Mon-Thurs.

If you know of any new residents to Whyalla who may find this pack useful and informative please advise them to drop in and pick one up, or alternatively, give us a call and we can send one to them.

WERIC & EcoLETS OPENDAY

Saturday 4th June is WERIC and EcoLETS open day. Come and visit Whyalla EcoLETS monthly market in Whyalla's biggest organic garden @ WERIC.

On offer will be fresh produce for sale, information sessions, demonstrations, FREE sausage sizzle, raffle and giveaways.

There is information to take away as well as ideas for the home and the garden.

WERIC is a joint initiative between Energy SA, South Australian Housing Trust and the Whyalla City Council. WERIC also provides Advancing Whyalla with a home.

Over the past 18 months we have also been running a

HAVE YOU JUST MOVED TO WHYALLA?

'WELCOME'

WE HAVE A GIFT FOR YOU

LOCAL RESIDENTS;
(WINR'S) Community Builders;
ADVANCING WHYALLA

WOULD LIKE TO SEND YOU A 'WELCOME PACK'

CONTACT ADVANCING WHYALLA DIRECT

On 8645 5999 or

advwhy@bigpond.com.au

schools program for classes to come in and run through Energy and Water activities to provide educational fun.

The Centre is at 88 Hincks Avenue and is open to the public Monday to Thursday 10-1pm.

A carrot, an egg and a cup of coffee

How do you deal with adversity? A girl was telling her mother about the troubles in her life. The mother put three pots of water on to boil and placed inside a carrot, an egg and coffee beans. She explained that each of these objects had faced the same adversity... boiling water. Each reacted differently.

The carrot went in strong, hard, and unrelenting. However, after being subjected to the boiling water, it softened and became weak. The egg had been fragile. Its thin outer shell had protected its liquid interior, but after sitting through the boiling water, its inside became hardened. The ground coffee beans were unique

however. After they were in the boiling water, they had changed the water.

'Which are you?' she asked her daughter, 'the carrot, the egg or the coffee beans.'

Advancing Whyalla is a concerned group of residents, pooling our ideas and skills, looking for ways to improve our City. Our common thread is that we all share the same concerns about the City we choose to call "home" and we plan to do what we can to improve our future.

The Committee consists of:

President: Russell Bambridge

Vice President: Kaye Bujnowski

Coordinator /Secretary: Jo-Anne McGrath

Treasurer: Natasha Coombe

Council Representative: Natasha Coombe

WEDB Representative: Jamie Lai

Committee members : Brian and Peg Breerton, Clint and Marg Garrett, Michael Hillier, Sylvia Nelson, Keith Sichler, Trevor Toomer